

**WEST COAST MARINE
SAILING SCHOOL**



SMALL BOAT SCHEME - BASIC SKILLS

Dingy Sailing, Level 2

OVERVIEW

This course is designed to consolidate the experiences and knowledge gained in the Basic Skills Level 1 course and to introduce skills and knowledge that will enable the successful participant to safely and competently sail a small boat in controlled conditions (light winds, enclosed waters) without guidance.

OUTCOMES

You will receive a Basic Skills Level 2 certificate and have a basic ability to sail.

PRE-REQUISITES

Sailing Skills equivalent to those gained in Basic Skills 1. Each knowledge area will also include some revision of topics covered in Basic Skills 1.

WHERE CAN I TAKE THE COURSE?

Please contact West Coast Marine Sailing School, a Yachting Association of India's Training Centre.

CONTACT US :

E-MAIL us on sailingschool@westcoastmarine.co.in or homi777m@yahoo.com

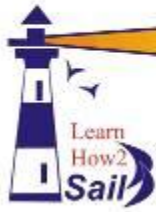
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WHAT TO DO AFTERWARDS?

Continue training in Small Boat Sailing to achieve your Basic Skills 3 and Racing Skills awards, or try one of the other schemes.

SYLLABUS:

1. Rigging

- Boat rigged independently

2. Ropework

- Learn to tie the following:
- Reef knot
- Bowline



3. Sailing Techniques and Manoeuvres

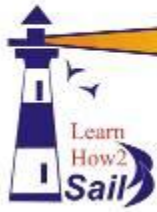
- Basic crewing and helming methods for a triangle course
- Basic crewing and helming methods for tacking
- Basic crewing and helming methods for gybing

4. Rescue Procedures and Drills

- Capsize Recovery Drill
- Crew Recovery Drill



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5. Launching and Recovery

- Care of equipment on and off the water
- Bring a boat alongside a moored or anchored structure with minimal assistance



6. Sailing Background and Theory

- Observations of right-way-rules incl:
- Port / Starboard
- Windward / leeward
- Overtaking Vessels
- Keep to the right in channels



7. Meteorology

- Identify building storm clouds



8. Winds, tides and currents

- Identify gusts and lulls
- Use a tide table
- Identify time between tides
- Identify local tidal flow

